



To our parent/guardian community,

SISU IS ALIVE AND WELL at Lasalle Secondary School!

Staff, students, members of our Parent Advisory Council, Finlandia Team, and Community Teams have registered to accept our Walk Around Australia fitness challenge from **Monday, October 18, 2021 to Friday, November 5, 2021.**

Our efforts to demonstrate healthy, active living while giving back to the seniors in our Finlandia community is a new activity that supports our partnership with Finlandia Village.

Funds will support a greenhouse on the grounds of the Village, where seniors have an opportunity to engage in healthy activities. Our minimum goal is to raise \$10,000 as a school community. With the help of our partner Sling Choker Manufacturing, we are hopeful that our combined efforts will support the greenhouse.

To register a team and or join a team, begin by clicking this link:

<https://finlandia.walkertracker.com/>

Team captains provide the invitation link to all participants of their team.

Here is where the walking challenge is recorded.

For those who are unable to participate but still wish to support our efforts, please visit:

<https://sna.etapestry.com/fundraiser/SudburyFinnishRestHomeSociety/WalkYOURWaywithSISU/>

Once there, please move to Register. This is important as you will enter your information for a donation/tax receipt that will be automatically generated. From there, you can make a Donation.

There are three ways to donate:

1. Find and donate/sponsor an individual name
2. Find and donate/sponsor under a team name
3. Donate to the cause without identifying an individual or team

Thank you for sharing your SISU by joining our virtual challenge this year, whether it be stepping with us or by making a donation to support the many seniors that call Finlandia Village their home.